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Stapleton

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(54) **PANEL MOUNTING BRACKET ASSEMBLY INCLUDING AN ADJUSTABLE HEIGHT EXTENSION DEVICE AND RELATED METHODS**

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H02S 20/00 (2014.01)
H02S 20/23 (2014.01)

(52) **U.S. Cl.**
CPC **H02S 20/23** (2014.12)

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CPC Y02E 10/47; Y02B 10/12; H02S 20/23; H02S 20/00; F24J 2/5245; F24J 2/5258
See application file for complete search history.

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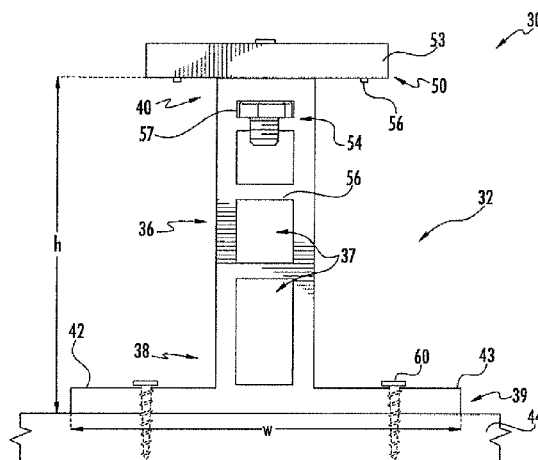
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(57)

ABSTRACT

A system for mounting at least one solar panel on a building may include at least one panel mounting bracket including a base to be positioned on the building, and a vertical extension having a proximal end coupled to the base and a distal end vertically spaced apart from the base. The vertical extension may have a cavity extending vertically therein. The system may also include an adjustable height extension device for the at least one panel mounting bracket including a lower portion carried within the cavity of the vertical extension and vertically slidable within the cavity, an upper portion carried by the lower portion to be connected with the at least one solar panel, and a vertical height adjustment member carried by the upper portion to cause the lower portion to slide vertically within the cavity to adjust a vertical height of the upper portion.

11 Claims, 10 Drawing Sheets



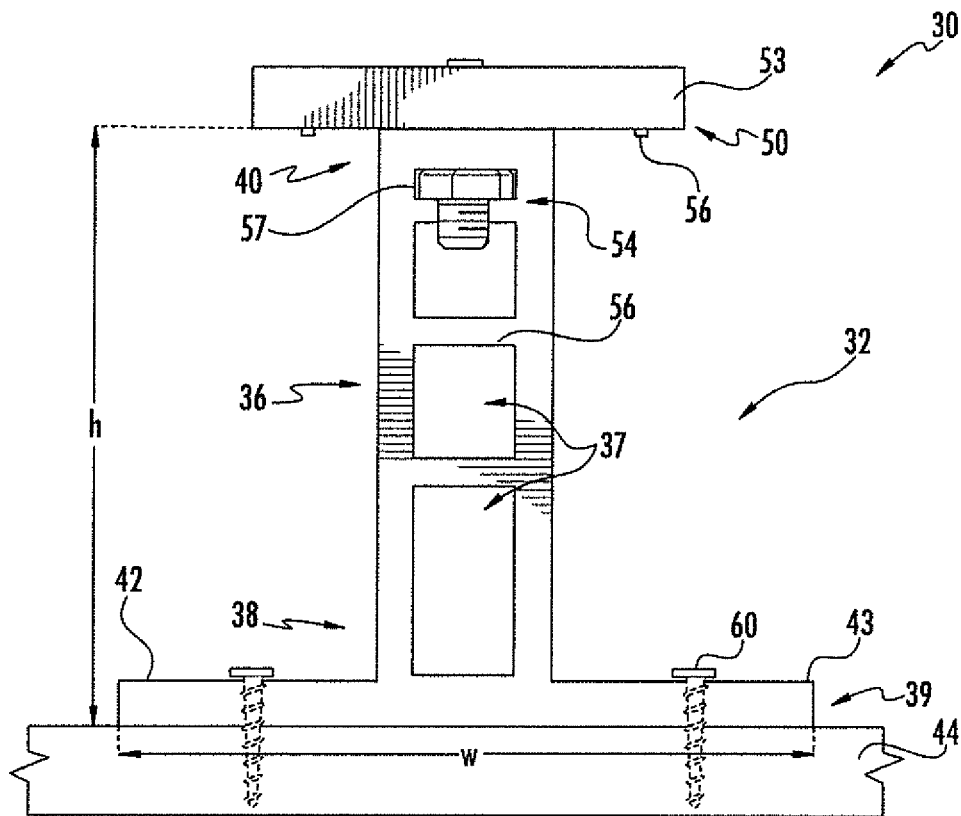


FIG. 1

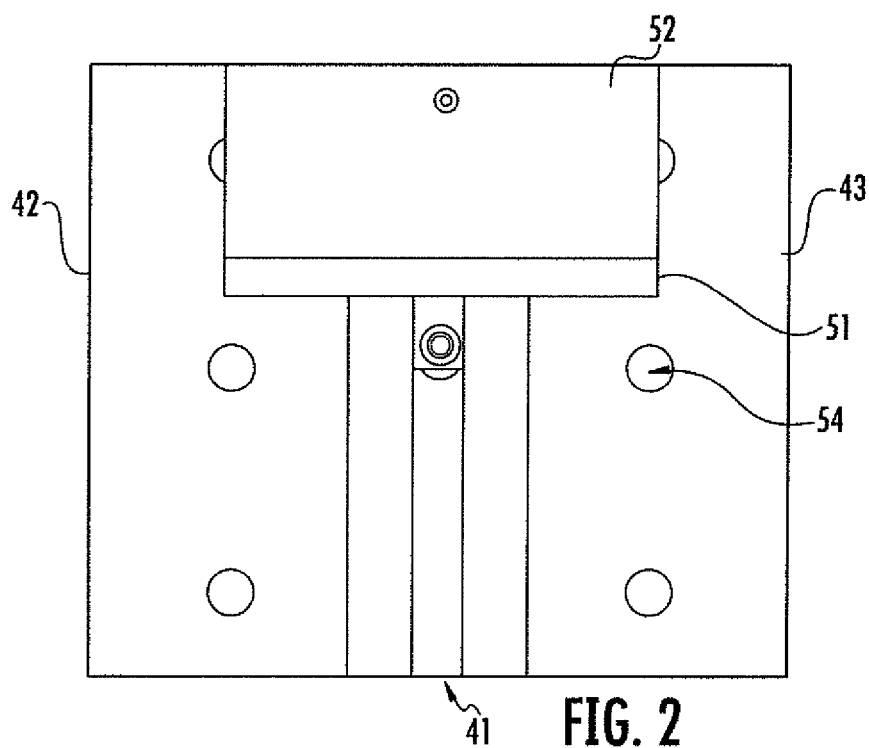


FIG. 2

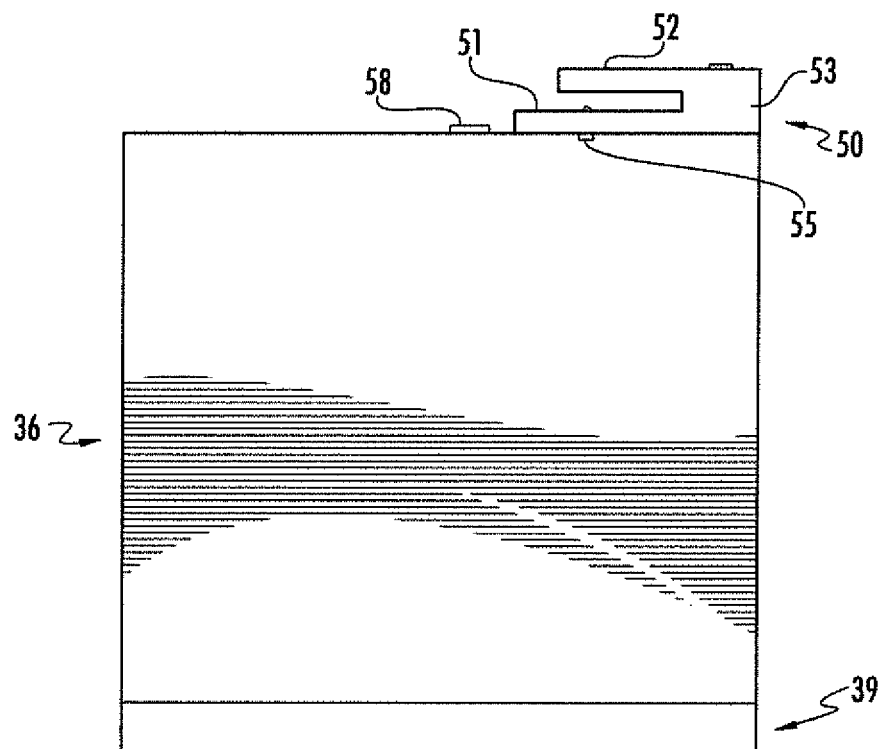


FIG. 3

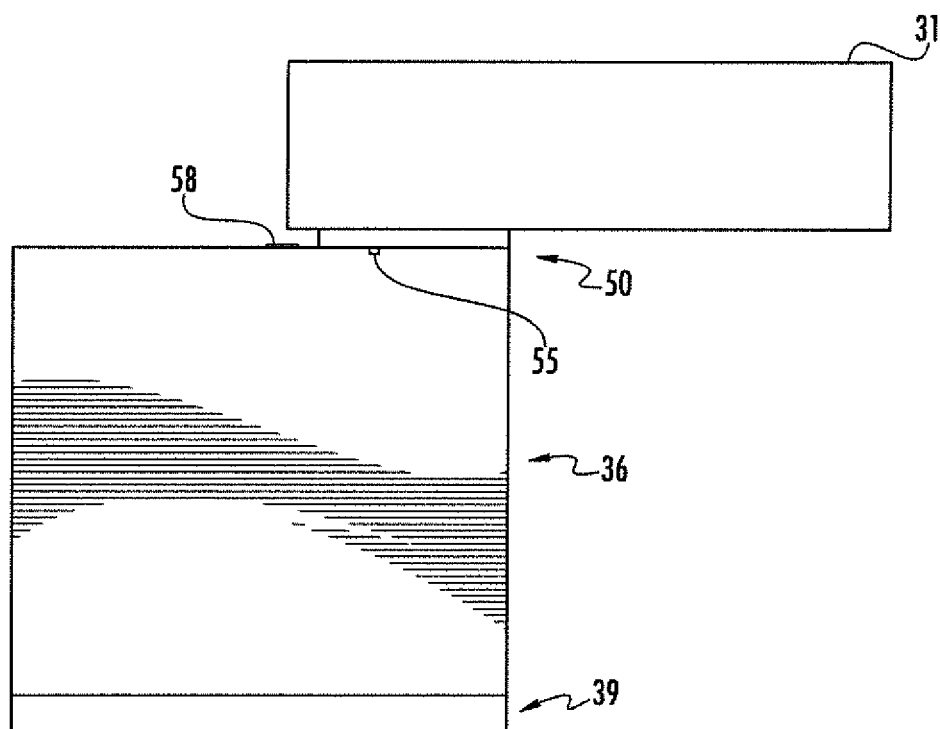


FIG. 4

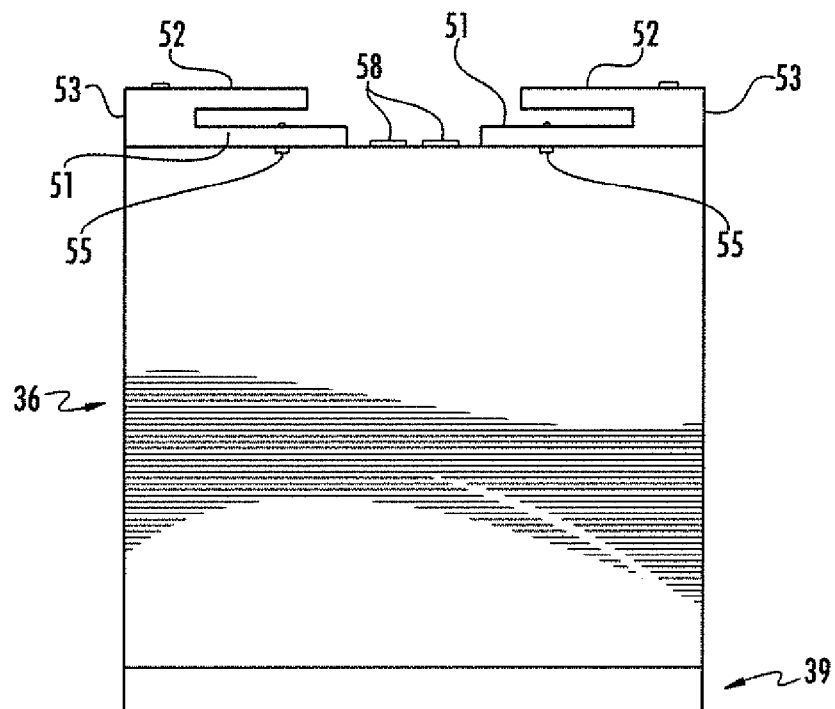


FIG. 5

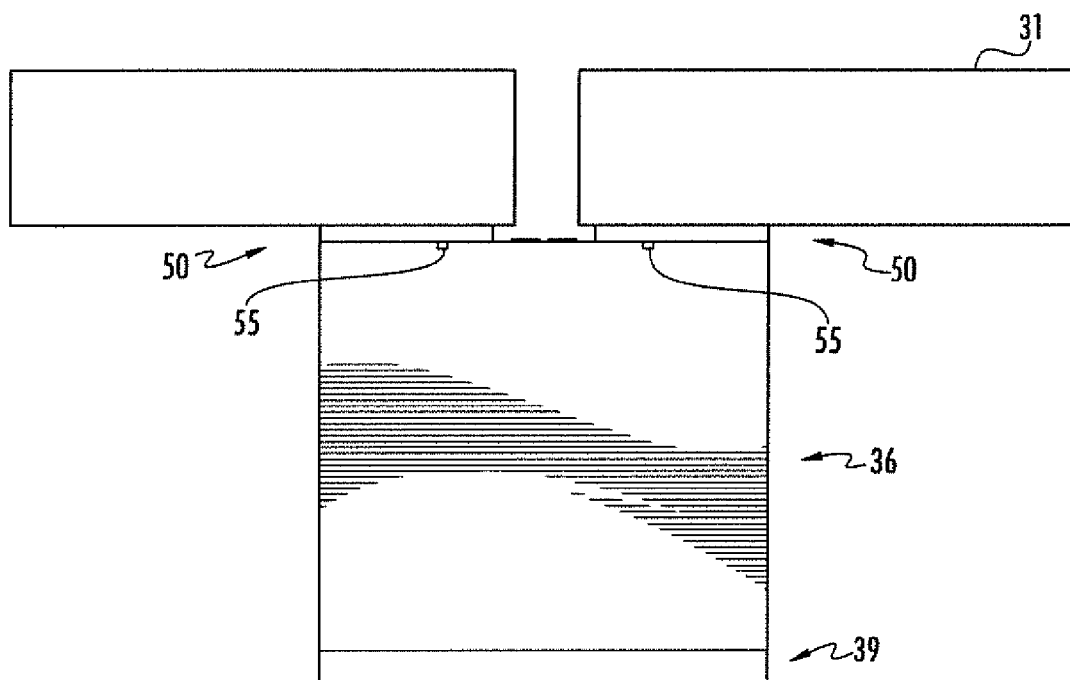


FIG. 6

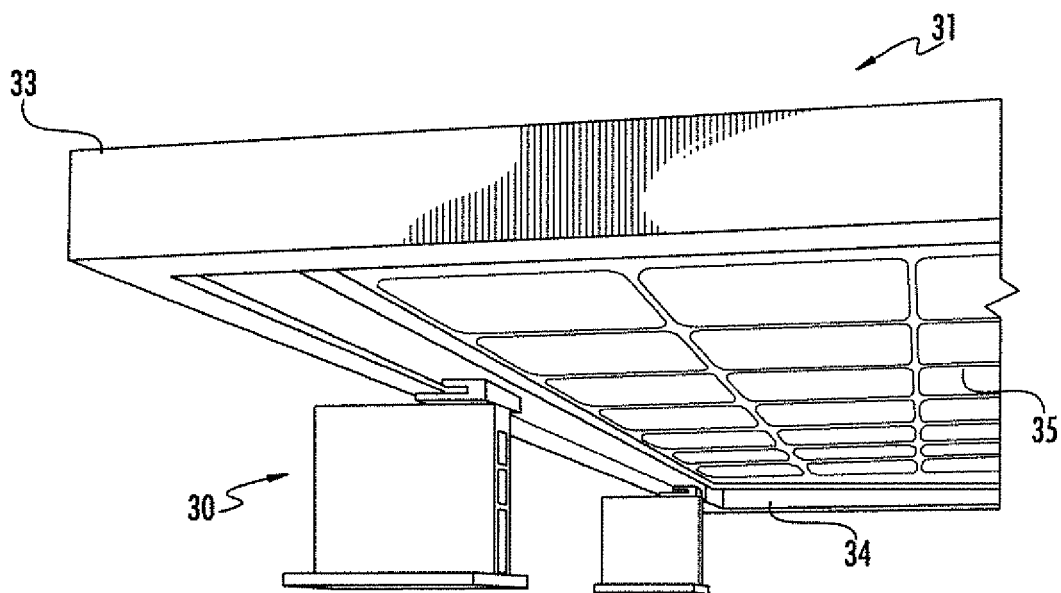


FIG. 7

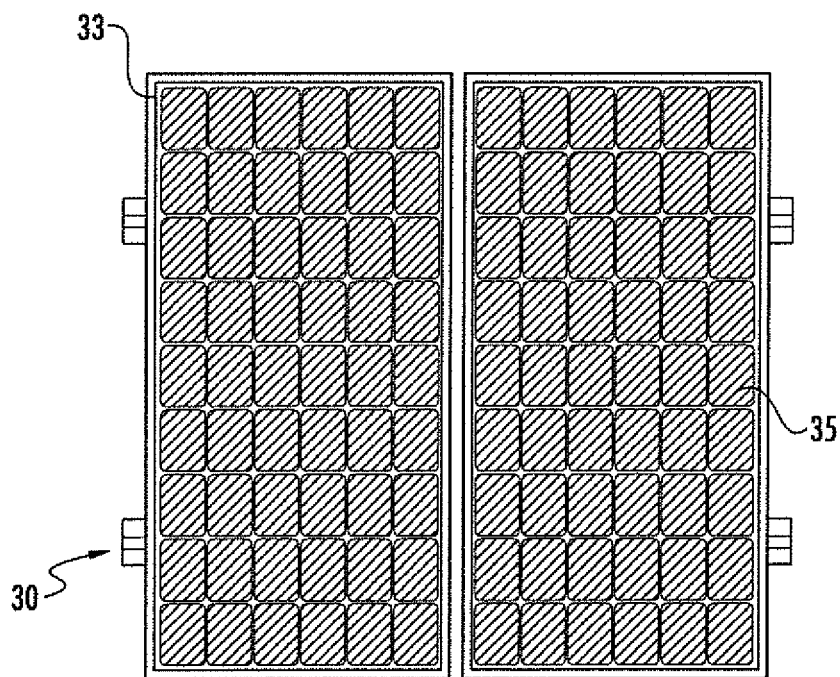


FIG. 8

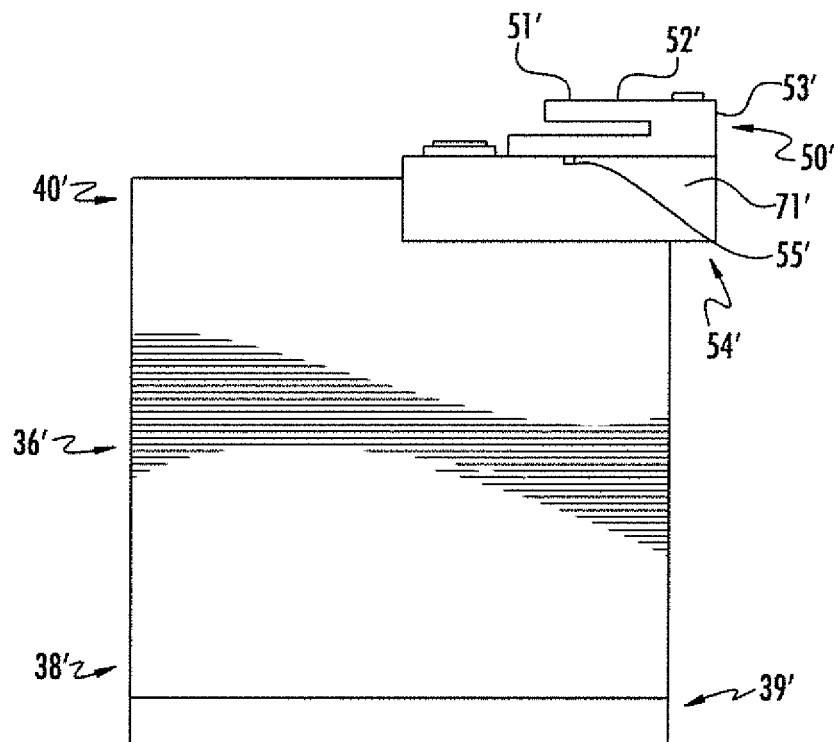


FIG. 9

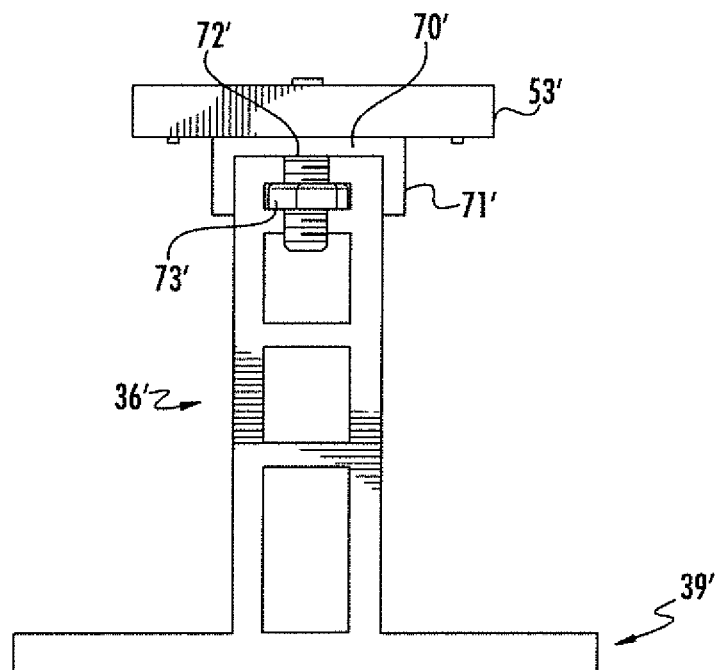


FIG. 10

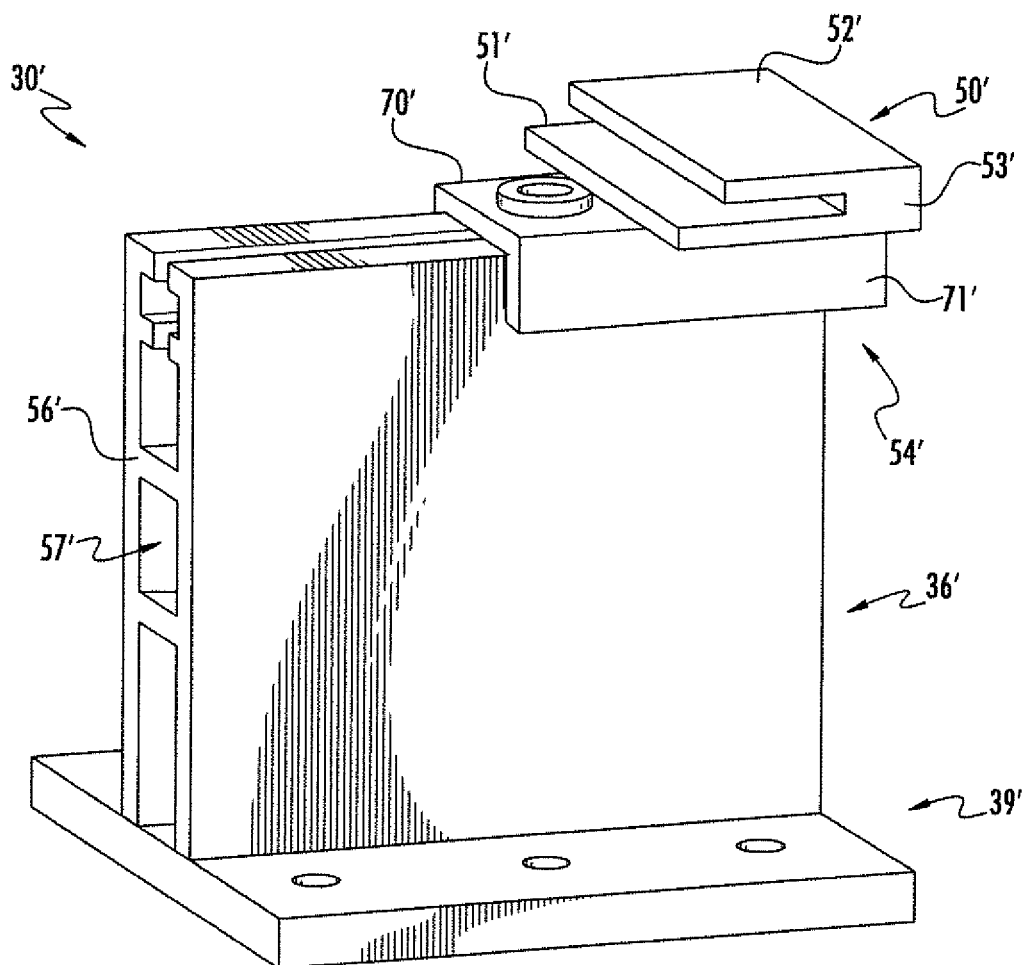


FIG. 11

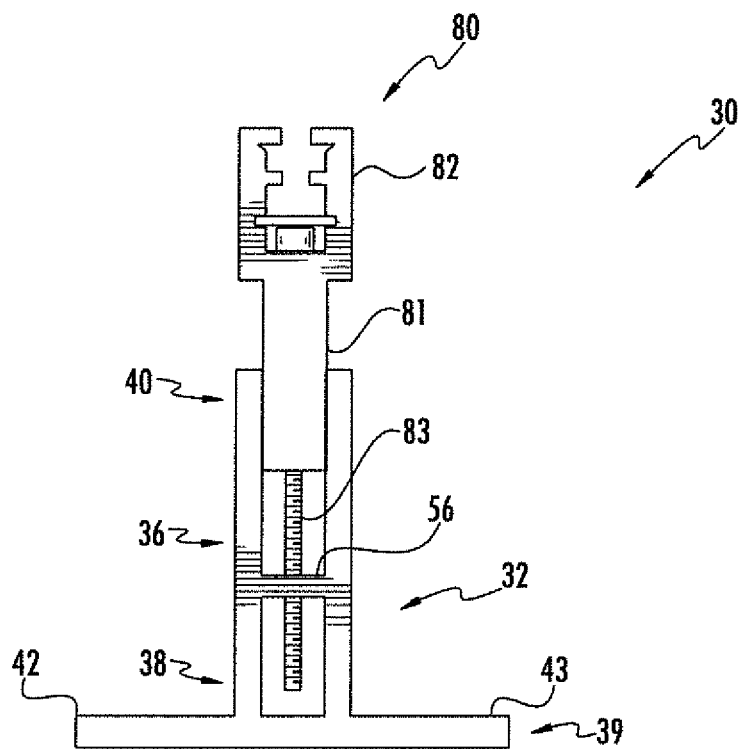


FIG. 12

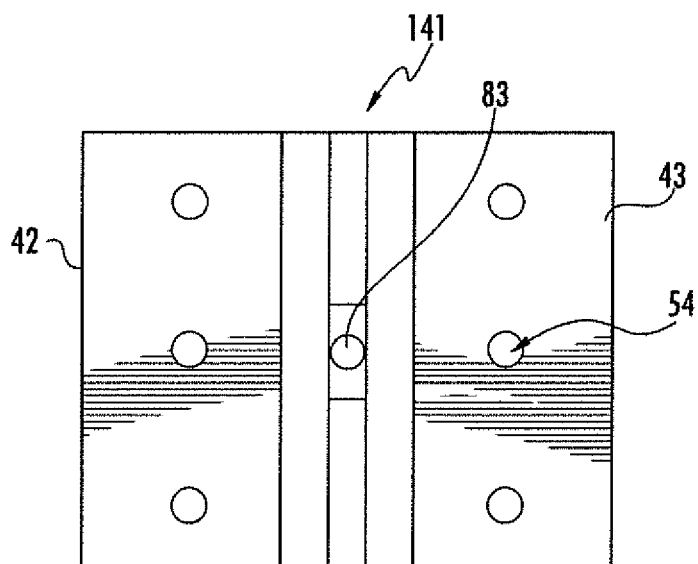


FIG. 13

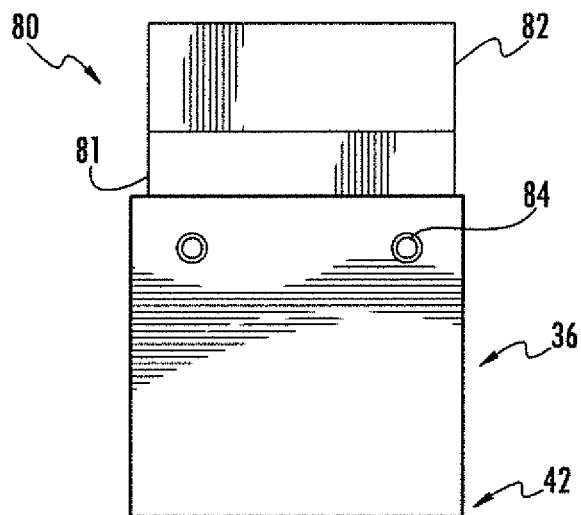


FIG. 14

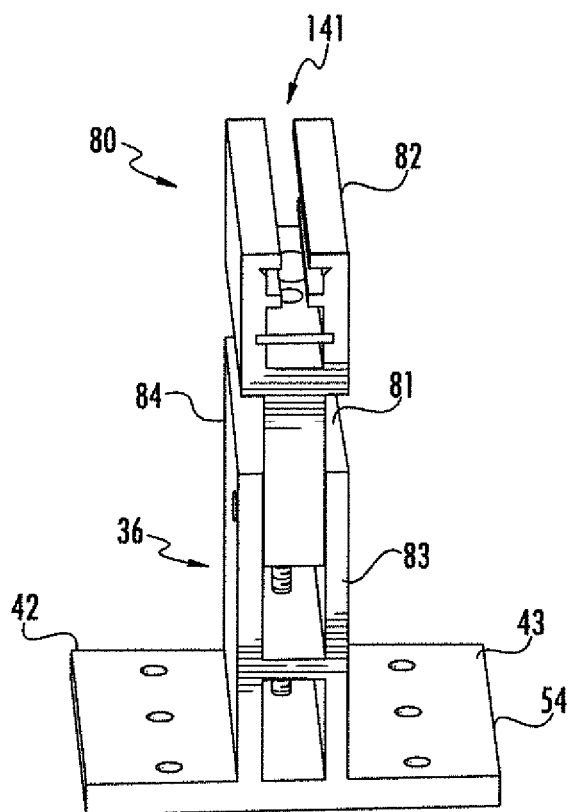


FIG. 15

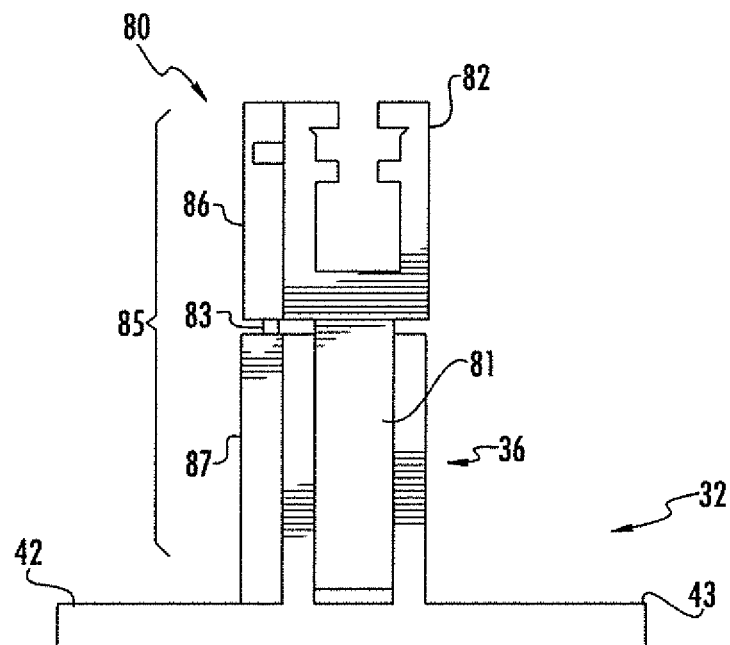


FIG. 16

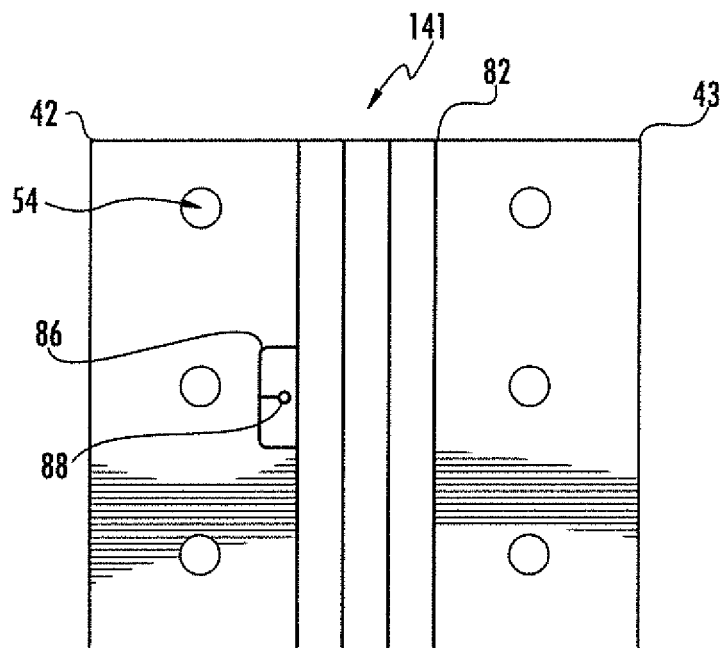


FIG. 17

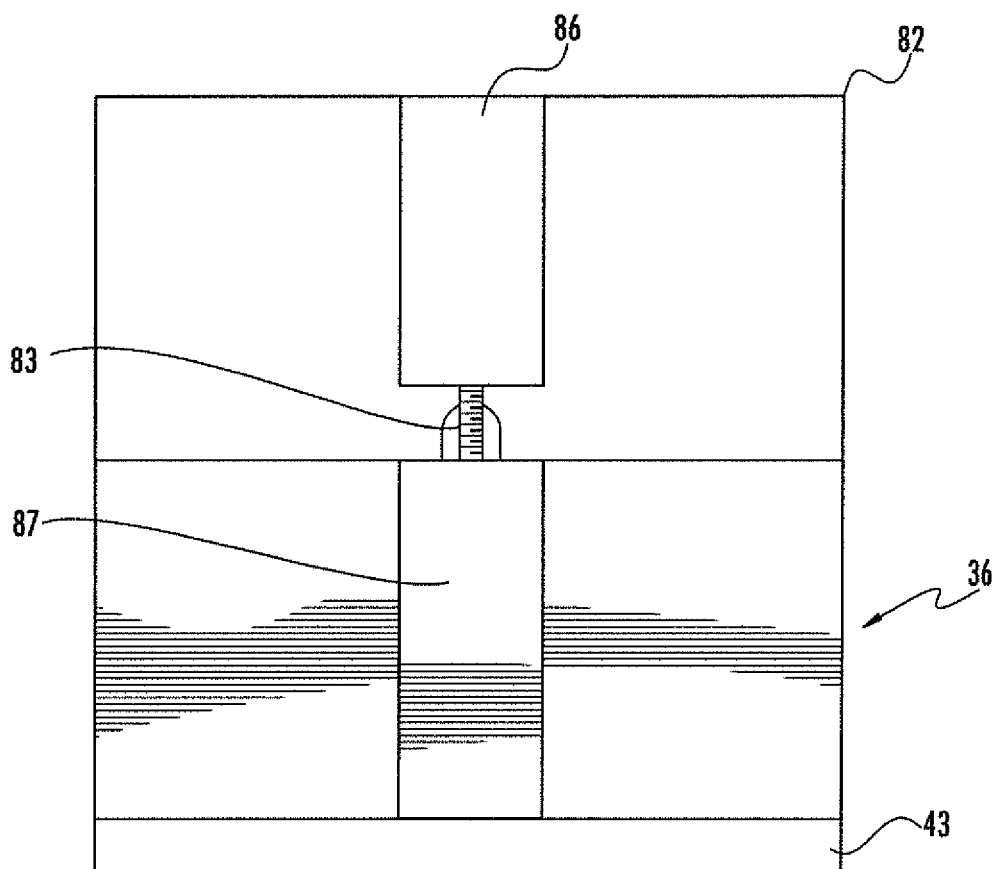


FIG. 18

1

PANEL MOUNTING BRACKET ASSEMBLY INCLUDING AN ADJUSTABLE HEIGHT EXTENSION DEVICE AND RELATED METHODS

RELATED APPLICATIONS

This application claims the benefit of provisional application Ser. No. 62/066,486 filed Oct. 21, 2014, the disclosure of which is incorporated herein by reference in its entirety.

TECHNICAL FIELD

The present disclosure generally relates to mounting fixtures, and, more particularly, to mounting fixtures or brackets for rooftop panel installations, such as for solar panels, for example.

BACKGROUND

Solar panels, such as photovoltaic (PV) and solar water heating panels, are frequently used to take advantage of electrical power generation and heating properties of sunlight. To provide space savings and potentially enhanced efficiency, solar panels are in many cases installed on rooftops of buildings (e.g., office buildings, houses, etc.). However, because of winds and storms, the mounting fixtures used for installing solar panels on buildings need to be sufficiently strong and durable to reduce the chances of damage or injury from a panel coming loose during a storm, etc.

Various mounting fixtures have been developed for solar panel installation. For example, U.S. Pat. No. 7,963,074 discloses a device for fixing a photovoltaic module on a sloping roof having a roof structure and a roof covering with individual roof covering elements. The device includes a roof-side connecting piece disposable beneath the roof covering and a module-side connecting piece disposable on an edge of the photovoltaic module. A flexible retaining element interconnects the roof-side connecting piece and the module-side connecting piece. The flexible retaining element is loadable by pulling and adapted to be guided through the roof covering without altering a position or shape of the individual roof covering elements.

Despite the existence of such mounting fixtures, further enhancements may be desirable in some applications.

SUMMARY

A system is provided for mounting at least one solar panel on a building. The system may include at least one panel mounting bracket including a base to be positioned on the building, and a vertical extension having a proximal end coupled to the base and a distal end vertically spaced apart from the base. The vertical extension may have a cavity extending vertically therein. The system may also include an adjustable height extension device for the at least one panel mounting bracket including a lower portion carried within the cavity of the vertical extension and vertically slidable within the cavity, an upper portion carried by the lower portion to be connected with the at least one solar panel, and a vertical height adjustment member carried by the upper portion to cause the lower portion to slide vertically within the cavity to adjust a vertical height of the upper portion.

More particularly, the vertical extension may include spaced apart vertical sidewalls extending vertically upward

2

from the base and defining the cavity therebetween, and a cross-support member therein extending laterally between the vertical sidewalls across the cavity. As such, the vertical height adjustment member may comprise a height adjustment screw including a head carried by the upper portion and a shaft threadably received by the cross-support member. Moreover, the shaft of the height adjustment screw may extend through the lower portion of the adjustable height extension device.

Furthermore, the adjustable height extension device may also include an upper block carried on an exterior surface of the upper portion, and the at least one panel mounting bracket may further include a lower block carried on an exterior surface of the vertical extension and vertically aligned with the upper portion. Moreover, the adjustment member may comprise a height adjustment screw including a head carried by the upper block and a shaft threadably received by the lower block.

In addition, the vertical extension may have at least one hole therein for receiving a guide member to secure the lower portion at different vertical positions. Furthermore, the upper portion may define a fastener channel therein for receiving a fastener for connection with the at least one solar panel. The vertical extension may be laterally centered on the base, for example, and the base may define a plurality of mounting holes on opposing sides of the vertical extension.

A related adjustable height extension device for a panel mounting bracket, such as the one described briefly above, is also provided. Moreover, a method is also provided for mounting at least one solar panel on a building. The method may include coupling a base of at least one panel mounting bracket, such as the one described briefly above, to the building. The method may further include coupling an adjustable height extension device between the at least one panel mounting bracket and the at least one solar panel, where the adjustable height extension device includes a lower portion carried within the cavity of the vertical extension and vertically slidable within the cavity, an upper portion carried by the lower portion to be connected with the at least one solar panel, and a vertical height adjustment member carried by the upper portion. The method may also include using the vertical height adjustment member to cause the lower portion to slide vertically within the cavity to adjust a vertical height of the upper portion.

BRIEF DESCRIPTION OF THE DRAWINGS

FIG. 1 is an end view of a panel mounting bracket in accordance with an exemplary embodiment of the invention including an under-mounting clamp.

FIG. 2 is a top view of the mounting bracket of FIG. 1 with mounting holes for securing the bracket to a structure.

FIG. 3 is a side view of the mounting bracket with a single mounting clamp for attaching to the exterior sides of panels located at the perimeter of a panel array.

FIG. 4 is a side view of a mounting bracket attached to the frame of the underside of a panel at the perimeter of a panel array.

FIG. 5 is a side view of a mounting bracket with two mounting clamps for attaching to respective frames of two adjacent modules.

FIG. 6 is an end view of a mounting bracket with two mounting clamps respectively connected to two adjacent modules.

FIG. 7 is a three-dimensional perspective view of a pair of mounting brackets as shown in FIG. 4 each having a respective mounting clamp coupled to a same panel.

3

FIG. 8 is a top view of two panels as they would appear installed on a rooftop using a plurality of the bracket assemblies illustrated in FIGS. 4 and 6.

FIGS. 9-11 are respective side, end, and perspective illustrations of another example mounting bracket assembly which includes another example fastener channel connector configuration.

FIG. 12 is an end view of a panel mounting bracket assembly in accordance with another exemplary embodiment including an internal height adjustment device.

FIG. 13 is a top view of the mounting bracket assembly of FIG. 12 with mounting holes for securing the bracket to a structure.

FIG. 14 is a side view of the mounting bracket assembly of FIG. 12.

FIG. 15 is a perspective view of the mounting bracket assembly of FIG. 12.

FIG. 16 is an end view of another embodiment of the mounting bracket assembly of FIG. 12, but with an external height adjustment device on the side of the upper extension and base.

FIG. 17 is a top view of the panel mounting bracket assembly of FIG. 16.

FIG. 18 is a side view of the panel mounting bracket assembly of FIG. 16.

DETAILED DESCRIPTION

The present description is made with reference to the accompanying drawings, in which exemplary embodiments are shown. However, many different embodiments may be used, and thus the description should not be construed as limited to the embodiments set forth herein. Rather, these embodiments are provided so that this disclosure will be thorough and complete. Like numbers refer to like elements throughout, and prime notation is used to indicate similar elements in different embodiments.

Referring initially to FIGS. 1-8, an assembly 30 for mounting one or more solar panels 31 on a building (e.g., on a roof) is first described. The assembly 30 illustratively includes a mounting bracket 32 (which is also referred to as a "foot" herein) for installing solar panels or modules 31. By way of background, solar modules or panels are typically mounted to racking using clamps that grip the module and hold it tight to rails which are mounted to rooftops by "L" shaped feet. The foot 32 illustrated in FIG. 1 advantageously avoids the need for such rails and clamps by mounting panels to roofs through the use of multiple feet (e.g., four feet, although other numbers of feet may be used), which are attached to the underside of each panel. More particularly, each panel 31 may include an outer frame 33 defining a lip 34 on the underside thereof, and in the example embodiment illustrated in FIGS. 7 and 8 the outer frame carries a photovoltaic cell array 35 therein (although the assembly 30 may also be used for mounting solar hot water heating panels as well, for example).

In the illustrated example, the foot 32 has a generally rectangular-shaped central vertical extension portion 36 with one or more hollow central area(s) or channel(s) 37 therethrough. A proximal end 38 of the vertical extension 36 is coupled to a flange or base 39 of the foot 32, and a distal end 40 of the vertical extension is vertically spaced apart from the proximal end, as seen in FIG. 1. An upper fastener channel slot or groove 41 is defined in the distal end 40 (see FIG. 2), though grooves may instead or in addition be provided on either or both sides of the vertical extension 36 in some embodiments, if desired. The foot 32 has a height

4

h and a width w, which in an example embodiment may both be three inches, but other dimensions may also be used in different embodiments.

The base 39 illustratively includes two side extensions 42, 43 that extend laterally outwardly away from the vertical extension 36 so that the vertical extension is centered on the base (although it need not be centered in all embodiments). Thus, when the bottom surface of the base 39 sits flat on a rooftop or roof deck 44 upon installation, the vertical extension 36 points upward or normal to the surface of the roof (although the vertical extension may form different angles with respect to the base besides 90° in different embodiments). Serrations or other surface features may optionally be included on portions of the upper surface of the distal end 40 and/or the bottom surface of the base 39, if desired. The serrations may advantageously provide for improved electrical grounding with the frame of the panel, as well as increased grip or friction, for example, as will be appreciated by those skilled in the art.

In the illustrated example, the feet 32 are attached to the underside lip 34 of each panel frame 33, as shown in FIGS. 4 and 7. While still on the ground, the installation technician may advantageously attach the feet 32 to the bottom of each panel on their longer sides (e.g., top and bottom sides) with the front edge of the foot facing out from the panel using an under-mounting clamp 50. However, the feet 32 may be attached to the other sides of the panels 31 as well in some embodiments, and the panels may also be attached to the feet after the feet have been installed on the rooftop 44, if desired.

The mounting clamp 50 illustratively includes a bottom flange 51, a top flange 52 spaced apart from the bottom flange and partially overhanging the bottom flange (see FIG. 3) to define a slot therebetween, and an end extension 53 coupling respective ends of the bottom flange and top flange together. The slot is configured to engage or receive the lip 34 of the solar panel 31, as seen in FIG. 7. The mounting clamp 50 further illustratively includes a fastener channel connector 54 coupled to the bottom flange 51 and configured to be slidably received within the fastener channel 41.

In the present example, the fastener channel connector 54 illustratively includes a T-shaped connector or slide bar coupled to the bottom flange 51 on a side thereof opposite the top flange 52 (i.e., on its bottom side). The T-shaped connector 57 is configured to be slidably received within the fastener channel 41, as seen in FIGS. 1 and 2. The fastener channel connector 54 may first be attached to the solar panel 31, and then the feet 32 connected to respective mounting clamps 50. Another approach is that the mounting clamps 50 may be coupled to respective feet 32, and the entire assembly 30 (i.e., mounting clamp plus foot) may then be connected to the solar panel 31. The mounting clamp 50 further illustratively includes a retaining set screw(s) 55 which may be tightened to secure the lip 34 within the slot between the bottom and top flanges 51, 52, and a slide bar retaining bolt 58 and a corresponding nut 59.

A first row of panels 31 may then be attached on the roof 44 with deck screws 60 through mounting holes 61 in the side extensions 42, 43 on the outward or perimeter side of the array, typically in a straight line. In some instances, a sealant may be used under each foot 32, if desired. Various types of sealant may be used, such as caulking, tar, Butyl tape, etc. An adjacent row of solar panels 31 may then be attached with additional feet 32 adjacent to the first row of solar panels so as to share the second set of feet (see FIGS. 5 and 6) between them. That is, the fastener channel 41 of each vertical extension portion may be of sufficient dimen-

5

sions or length to slidably receive two (or more) fastener channel connectors **54** therein. While the feet **32** are shared between adjacent panels, the mounting clamps **50** retain each solar panel **31** independently. This allows each solar panel **31** to be installed and secured individually, and in the event that a solar panel is to be removed from an array, this can be done independently without loosening the adjacent solar panel, which is generally not possible with typical panel or panel mounting arrangements.

The installation process may be repeated for each row of solar panels **31** to be installed, until the last row of solar panels is reached. On the outer perimeter of the last solar panel **31**, one mounting clamp **50** may be used per foot **32** to attach to the outer edge of each of the perimeter solar panels (see, e.g., FIGS. **4** and **7**).

A significant advantage of the assembly **30** is that it may advantageously be connected or coupled to a respective solar panel **31** on the ground, rather than having to be coupled to the solar panel on the roof **44** where this is more difficult (and potentially more dangerous), and where it is much harder to recover dropped tools, screws, nuts, washers, or other parts. Moreover, this may also help expedite the installation process.

The hollow channels or passageways **37** in the vertical extension **36** may serve as wire management channels, which may be used for keeping electrical transmission wires (e.g., for PV panels) or temperature sensor wires (e.g., for a water heater panels) secured in place. However, the cross-support members **56** which define the channels **37** need not be included in all embodiments, although even when the channels are not used for routing wires the cross-support members may provide added rigidity and/or stability to the feet **32**. It should also be noted that the vertical extension **36** of the foot **32** need not be hollow in all embodiments, and that different shapes beside a rectangular shape may also be used for the base **39** and/or the vertical extension in some embodiments. Example materials for the foot **32** and the mounting clamp **50** may include aluminum, which may be extruded into the desired shape, although other suitable materials may also be used in different embodiments. The various screws and fasteners described herein may be stainless steel, brass, galvanized steel, etc.

Here again, a sealant may optionally be used under each foot **32** so that the screws **60** are screwed through the foot **32** and sealant into the roof or decking **44** at desired locations. By way of example, two or more feet **32** may be secured to the roof **44** to receive one side of the panel, i.e., two (or more) feet are used on each of the top and bottom sides or edges of the solar panel **31**, as shown in FIG. **7**, although in some embodiments a single foot may be used.

It should be noted that the above-described mounting assembly **30** may be used with a variety of roof types, including flat and sloped roofs, and over different types of roof coverings (e.g., shingles, tiles, panels, etc.). Moreover, the mounting feet may be used for installations other than on rooftops, such as where mounting to the side of a building or other structure is required.

In accordance with another example embodiment now described with reference to FIGS. **9-11**, the fastener channel connector **54'** may in this configuration include a horizontal base or platform member **70'** having an upper surface coupled to the mounting clamp **50'** and a lower surface positioned on the distal end **40'** of the vertical extension **36'**, instead of the slide bar configuration shown in FIG. **1**. A pair of spaced apart vertical side members **71'** are coupled to opposite sides of the horizontal member **70'** and extend along the distal end **40'** of the vertical extension **36'** when the

6

lower surface of the horizontal member is positioned on the distal end of the vertical extension **36'**. Stated alternatively, this configuration generally has an inverted "U" shape (as seen from the end view of FIG. **10**) defining a channel that fits on the distal end **40'** of the vertical extension **36'**. A bolt **72'** is coupled to the horizontal member **70'** and configured to extend downward into the fastener channel **41'** when the lower surface of the horizontal member is positioned on the distal end **40'** of the vertical extension **36'**, and a nut **73'** may be screwed onto the bolt and configured to be slidably received within the fastener channel.

In the present example, the fastener channel connector **54'** allows for the mounting clamp **50'** of each independent solar panel to remain attached to that solar panel, but yet be removed from the corresponding mounting bracket **32'**, allowing each solar panel to be detached from its mounts by removing each retaining bolt **72'** and nut **73'**. This facilitates the removal of solar panels independent from other panels within the array without the disruption of adjacent panels, which again may not be possible with typical mounting systems.

In another example embodiment, the above-described assembly **30** may be used for mounting solar panels without an outer frame (i.e., a frameless panel or module). That is, the mounting clamps **50** could be coupled directly to the photovoltaic cell array **35**, by directing the slot between the bottom and top flanges **51**, **52** inward to receive the cell array panel therein (as opposed to the slots facing outward to receive the outer frame lip **34** as described above). To this end, a material such as rubber, etc., may be positioned or adhered within the slot to help protect and/or securely hold the cell array **35**. Moreover, the set screw **55** may still be used to secure the cell array **35** within the slot, and in some configurations a small plate (e.g., stainless steel plate, etc.) may be coupled to or actuated by the set screw to be pressed into contact to secure the cell array within the slot, as will be appreciated by those skilled in the art. This may be beneficial to help keep the glass substrate upon which the cell array **35** is formed from cracking, for example.

Turning now to FIGS. **12-15**, in accordance with another example embodiment of the panel mounting assembly **30**, an adjustable height extension device **80** may optionally be coupled to the vertical extension **36** of the foot **32** (or other suitable panel mounting bracket) for use during the installation process to more easily install and level panels where roofs or other portions of a building are not flat or even, for example. More particularly, in the present example, the adjustable height extension device **80** illustratively includes a lower portion or body **81** which rests or is mounted inside the channel or cavity within the vertical extension portion **36**. Moreover, an upper or head portion **82** is carried on top of the lower portion **81**, and it is wider than the lower portion, as seen in FIG. **12**. That is, the upper portion **82** is wider than the channel within the vertical extension **36** of the foot, so that the bottom of the upper portion defines a lower limit to the range of height adjustment, while the bottom of the lower portion **81** defines the upper limit of height adjustment (i.e., the point at which it will come out of the vertical extension).

The height of the adjustable height extension device **80** may be adjusted up and down by the use of a height adjusting screw **83**, for example, which extends down through the upper and lower portions **82**, **81** and is secured into the cross-support member **56** of the vertical extension **36**, which may be tapped to receive the height adjustment screw, for example. As a head of the screw **83** is turned, this causes a shaft of the screw to rotate within the cross-support

7

member **56**, whereby the lower portion **81** slides vertically up or down within the cavity of the vertical extension **36** between the sidewalls thereof and the upper portion **82** moves up or down. One or more guides or set screws **84** may be threaded into and through the sides of the vertical extension, and optionally through oblong holes of the lower portion **81** of the adjustable height extension device **80**, to sturdy the extension when it is at height. That is, the guides **84** may extend all the way laterally through the lower portion **81** in some embodiments, or may be tightened against the side of the lower portion in other embodiments, to hold it at the desired height.

The adjustable height extension device **80** may be adjusted with a tool (e.g., a screw driver, Alan wrench, star wrench, etc.) which fits down through a fastener channel **141** in the upper portion **81**, as seen in FIG. **13**, which may serve the same function as the fastener channel **41** described above for connecting to the under-mounting clamp **50**. However, the fastener may be connected directly to a solar panel in embodiments where the under-mounting clamp is not used.

Turning now additionally to FIGS. **16-18**, in another example embodiment the adjustable height extension device **80** may similarly include a lower portion **81** which is received in the cavity of the vertical extension **36** and an upper portion **82** on the lower portion, but in this configuration an adjustment assembly **85** is exterior to the vertical extension **36**, rather than within it. More particularly, the adjustment mechanism illustratively includes a chamfered upper block **86** attached to the upper portion **82**, and a threaded lower block **87** attached to the side of the vertical extension **36** of the foot **32** and vertically aligned with the upper block. In this configuration the height may be adjusted up and down by the use of a tool (e.g., screwdriver, Alan wrench, star wrench, etc.) which extends through a hole **88** in the top of the upper block **86** and into the head of the height adjustment screw **83** which is encapsulated in the upper block and is threaded into the lower block **87**, which again is attached to the side of the vertical extension **36**.

As with the interior located height adjustment screw **83** described above, the exterior-located version may have one or more guides **84** (not shown in FIGS. **16-17**) threaded into and through the sides of the vertical extension **36** and through oblong holes in the lower portion **81** to sturdy the adjustable height extension device **80** when it is at height or vertically extended. Here again, the guides may just be set screws that apply pressure to the side of the lower portion **81** to hold it in place as well.

The various configurations of the adjustable height extension device **80** may be constructed of similar materials to that of the foot **32** (e.g., aluminum, etc.). It should also be noted that the above-described panel mounting assemblies may be implemented with a seam channel to accommodate standing seams on a standing seam roof, as described further in U.S. Pat. No. 9,145,685 to Stapleton, which is hereby incorporated herein in its entirety by reference.

Many modifications and other embodiments of the invention will come to the mind of one skilled in the art having the benefit of the teachings presented herein. For example, in addition to eyeglasses, the above-described approach may be used with other wearable accessories, such as watches, bracelets, etc. Therefore, it is understood that the invention is not to be limited to the specific exemplary embodiments disclosed herein.

That which is claimed is:

1. A system for mounting at least one solar panel on a building, the system comprising:
at least one panel mounting bracket comprising

8

a base to be positioned on the building, and
a vertical extension having a proximal end coupled to the base and a distal end vertically spaced apart from the base, the vertical extension having a cavity extending vertically therein, and
a lower block carried on an exterior surface of the vertical extension; and
an adjustable height extension device for the at least one panel mounting bracket comprising
a lower portion carried within the cavity of the vertical extension and vertically slidable within the cavity,
an upper portion carried by the lower portion to be connected with the at least one solar panel,
an upper block carried on an exterior surface of the upper portion and vertically aligned with the lower block, and
a vertical height adjustment member comprising a height adjustment screw including a head carried by the upper block and a shaft threadably received by the lower block to cause the lower portion to slide vertically within the cavity to adjust a vertical height of the upper portion.

2. The system of claim **1** wherein the vertical extension comprises spaced apart vertical sidewalls extending vertically upward from the base and defining the cavity therebetween, and a cross-support member therein extending laterally between the vertical sidewalls across the cavity.

3. The system of claim **1** wherein the upper portion defines a fastener channel therein for receiving a fastener for connection with the at least one solar panel.

4. The system of claim **1** wherein the vertical extension is laterally centered on the base.

5. The system of claim **1** wherein the base defines a plurality of mounting holes on opposing sides of the vertical extension.

6. An adjustable height extension device for a panel mounting bracket for mounting at least one solar panel on a building, the panel mounting bracket comprising a base to be positioned on the building and a vertical extension having a proximal end coupled to the base and a distal end vertically spaced apart from the base with the vertical extension having a cavity extending vertically therein, and a lower block carried on an exterior surface of the vertical extension, the adjustable height extension device comprising:

a lower portion carried within the cavity of the vertical extension and vertically slidable within the cavity;
an upper portion carried by the lower portion to be connected with the at least one solar panel;
an upper block carried on an exterior surface of the upper portion and vertically aligned with the lower block, and
a vertical height adjustment member comprising a height adjustment screw including a head carried by the upper block and a shaft threadably received by the lower block to cause the lower portion to slide vertically within the cavity of the lower portion to adjust a vertical height of the upper portion.

7. The device of claim **6** wherein the vertical extension comprises spaced apart vertical sidewalls extending vertically upward from the base and defining the cavity therebetween, and a cross-support member therein extending laterally between the vertical sidewalls across the cavity.

8. The device of claim **6** wherein the upper portion defines a fastener channel therein for receiving a fastener for connection with the at least one solar panel.

9. A method for mounting at least one solar panel on a building, the method comprising:

9

coupling a base of at least one panel mounting bracket to the building, the panel mounting bracket comprising a vertical extension having a proximal end coupled to the base and a distal end vertically spaced apart from the base with the vertical extension having a cavity extending vertically therein, and a lower block carried on an exterior surface of the vertical extension;

coupling an adjustable height extension device between the at least one panel mounting bracket and the at least one solar panel, the adjustable height extension comprising a lower portion carried within the cavity of the vertical extension and vertically slidable within the cavity, an upper portion carried by the lower portion to be connected with the at least one solar panel, an upper block carried on an exterior surface of the upper portion and vertically aligned with the lower block, and a vertical height adjustment member comprising a height

10

adjustment screw including a head carried by the upper block and a shaft threadably received by the lower block; and

using the vertical height adjustment member to cause the lower portion to slide vertically within the cavity to adjust a vertical height of the upper portion.

10. The method of claim 9 wherein the vertical extension comprises spaced apart vertical sidewalls extending vertically upward from the base and defining the cavity therebetween, and a cross-support member therein extending laterally between the vertical sidewalls across the cavity.

11. The method of claim 9 wherein the upper portion defines a fastener channel therein; and wherein coupling the at least one solar panel to the vertical height adjustment device comprises coupling a fastener between the fastener channel and the at least one solar panel.

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